



FORT LEE

Motorcycle Safety Awareness

**CARS HAVE BUMPERS.
BIKERS HAVE BONES.**

DRIVE AWARE.



STAYIN' ALIVE

MOTORCYCLE SAFETY

DRIVE & RIDE SAFE

When driving your car –

- Look twice – a fender bender to a car equals a broken body for a motorcyclist.
- Share the Road – be extra vigilant and be aware of motorcycle riders
- Don't always rely on side view mirrors before changing lanes. Motorcycle are smaller and can be easily overlooked.
- Don't drive distracted. No one ever expects to get into an accident.

When riding your motorcycle –

- Be aware – realize that you are more difficult to see.
- PPE protects you...as long as you wear it and you wear it properly
- Give yourself some space. It's easier to lose control of the bike since you only have two wheels.
- Keep an eye on the weather. Traction is everything when riding.
- Don't ride distracted...it doesn't end well.
- Ride within your skills. Pushing it to the limit can be a painful lesson

**ROAD RASH IS A
PREVENTABLE DISEASE.**

RIDE AWARE.





FORT LEE Motorcycle Safety Awareness

Motorcycle Progressive Training Model



**Make sure your training
is up to date before
taking that first ride!**



Initial Training
A Motorcycle Safety
Foundation (MSF) Basic
Rider Course (BRC) or
State-approved
curriculum.



Intermediate Training

An MSF Experienced Rider
Course (ERC), Military Sport
Rider Course (MSRC) or
State-approved curriculum
taken no earlier than 60 day
and no later than 12 months
from BRC.



Sustainment Training

An MSF Experienced Rider
Course (ERC), Military Sport
Rider Course (MSRC) or
State-approved curriculum
taken within the last 5 years of the
most recent ERC or MSRC.



Motorcycle Refresher Training (MRT)*



**Refresher Training
when deployed 180+
days. Can be taught
at unit level.**

**MRT cannot be used
to satisfy the
Intermediate and
Sustainment Training
requirements*