



Keep in mind, "Retirement is a process NOT an event!!"

**Pre-Retirement Seminar  
Soldier Support Center  
Auditorium  
1401 B Avenue, Bldg. 3400,  
Fort Lee, VA 23801**

**Feb. 23, 8:30 a.m. - 4 p.m.**

Soldier for Life-Retirement Service Office is responsible for providing Soldiers and Family members with information on retirement programs, benefits, and entitlements.

It is imperative that Soldiers plan their military retirement to include family, long before the application for retirement is submitted; results equal a peaceful and organized retirement.

Recommended: Soldiers and Families should attend a pre-retirement orientation within 12-24 months to ensure a successful planned retirement "there is no penalty to attend more than one session". The information provided in our pre-retirement orientation is designed to help Soldiers and Families prepare for retirement.

**For More Information Contact  
Soldier for Life-Retirement Services Office  
804-734-6555/6973/7345**