

Fort Lee Community Library

Building 12420, Army Logistics University



Your Good Health SYMPOSIUM



JANUARY 26 | 3 - 5 PM

ALU, HEISER HALL, 1ST FLOOR, MEDIA ROOM

The Fort Lee FMWR Community Library in conjunction with the Kenner Army Health Clinic, the Fort Lee Army Wellness Center and FMWR Sports Division is kicking off the new year with a good health symposium. There will be speakers and information on hand. Among those speaking will be Kenner Dietitian, Kathleen Viau. Active Duty, Family Members and Civilians are encouraged to drop by and learn how to start off the new year right with valuable tips on nutrition and healthy lifestyles. **This event is FREE and Open to the Fort Lee Community!**

Fort Lee Community Library
NEW Hours of Operation:

Mon., Wed., Thu. & Fri.: 8 a.m. - 5 p.m.

Tue.: 8 a.m. - 7 p.m.

Sat.: 12 - 5 p.m.

Sun., Federal Holidays & Training Days: Closed



DETAILS: (804) 765-8095



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