



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT LEE
3312 A AVENUE, SUITE 208
FORT LEE, VA 23801-1723

REPLY TO
ATTENTION OF

IMLE-PLT

FORT LEE POLICY NO. 11-07
JAN 8 2013

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: PT Road Closure and Safety Precautions for Military Troop Formations

1. This policy supersedes Fort Lee Policy 11-07, Safety Precautions for Military Troop Formations dated 14 Nov 07, Fort Lee Policy 15-96 with change 1 dated, 4 Aug 00 and Fort Lee Policy 11-07, PT Road Closure and Safety Precautions for Military Troop Formations dated, 5 Apr 10.

2. References:

- a. AR 385-10, The Army Safety Program, 4 Oct 11.
- b. TRADOC Reg 385-2, Training and Doctrine Command Safety Program, 23 Jan 09.
- c. FM 5-19, Composite Risk Management, 21 Aug 06.
- d. TC 3-22-20, Army Physical Readiness Training, 20 Aug 10.

3. Annexes: Enclosure 4

- a. Vehicle Operators & Pedestrian's Responsibilities.
- b. Military Troop Formations and Restrictions.
- c. Special Runs/Individual PT/ Composite Risk Management (CRM) and Enforcement.
- d. Ordnance PT Road Closure and Safety Precautions for Military Troop Formations.

4. Background: This guidance establishes uniform standards for the safe movement of marching and running military troop formations on Fort Lee roadways.

5. Scope:

- a. This policy applies to the following while on Fort Lee:
 - (1) All organizations/units located at Fort Lee.
 - (2) All military personnel at Fort Lee.

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(3) All visitors, civilian employees and contractors at Fort Lee.

b. Responsibilities:

a. Organizational commanders will monitor the dismounted movement of their troops for adherence to the procedures described in this policy to ensure safe movement.

b. Commander, US Army Garrison (USAG) will enforce the provisions of this policy.

c. Commanders/Directors at all levels will ensure that their Soldiers, Family Members, employees, contractors and guests comply with the provisions of this policy.

c. Road Closures: Enclosure 1

a. The streets marked in BLUE are designated as Vehicle Joint Use roadways from 0500 to 0730, Monday through Friday for conducting physical training in formation.

b. The streets marked in GREEN are designated roadways from 0500 to 0730, Monday through Friday for conducting physical training in formation.

c. The streets marked in BLACK are designated as No physical training in formation roadways, except to cross at those intersections.

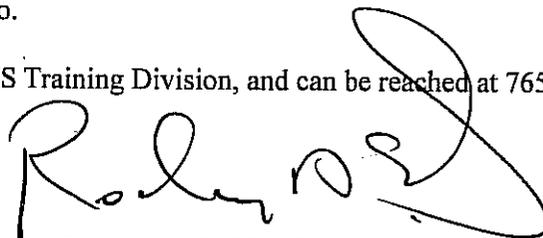
d. Marching Troop Formations are allowed on all roads but must avoid use of high traffic roads between (1600-1730). Use of widen sidewalks can be used no matter street color or what time of day.

e. Vehicular traffic will not use the GREEN roadways from 0500 to 0730, Monday through Friday (except emergency vehicles). At all other times, the GREEN roadway reverts to a BLUE roadway. Vehicles may cross the Green route when safe to do so.

6. POC for this policy is Mr. Joseph M. Kolb, DPTMS Training Division, and can be reached at 765-3668.

4 Encls

1. Fort Lee & Ordnance PT Route Map
2. Composite Risk Management Worksheet
3. Formation Diagram
4. Annexes



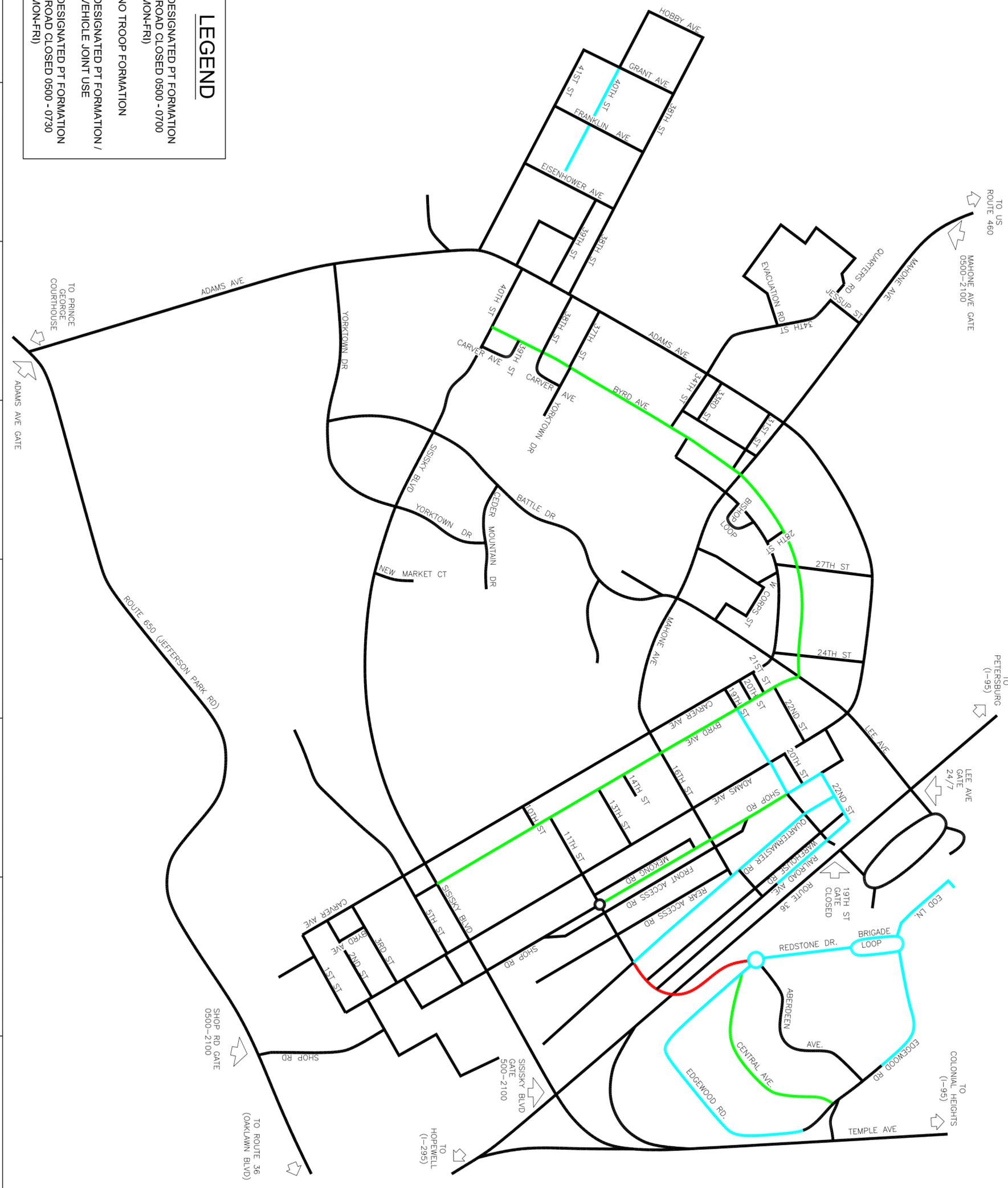
RODNEY D. EDGE
COL, LG
Garrison Commander

DISTRIBUTION:

US ARMY Ft Lee IMCOM Atlantic List
Ft Lee Key Personnel

LEGEND

- DESIGNATED PT FORMATION (ROAD CLOSED 0500 - 0700 MON-FRI)
- NO TROOP FORMATION
- DESIGNATED PT FORMATION / VEHICLE JOINT USE
- DESIGNATED PT FORMATION (ROAD CLOSED 0500 - 0730 MON-FRI)



**SITE MAP
FORT LEE, VIRGINIA**

**PT ROUTES
INCLUDING ORDNANCE CAMPUS**

DESIGNED: TRW		CHECKED: NTS		DATE: DEC, 2012	
PROJECT NO.		SUBMITTAL NO.		SCALE: NTS	
DRAWING NO.		CORPORATE DISTRICT FILE NO.		SPECIFICATION NO.	
FILE NAME: 42X30-1		LAYOUT NAME:			

NO.	DATE	DESCRIPTION	BY	APP.



SHEET 1 OF 1

COMPOSITE RISK MANAGEMENT WORKSHEET
 For use of this form, see FM 5-19; the proponent agency is TRADOC.

1. MSN/TASK Troop Formation (Running Route) 2a. DTG BEGIN 0500 2b. DTG END 0730 (Monday Thru Friday) 3. DATE PREPARED (YYYYMMDD) 20111116

4. PREPARED BY a. LAST NAME Kolb, Joseph M. Training Division, DPTMS b. RANK GS-11 c. POSITION TRAINING SUPPORT SPECIALIST

5. SUBTASK	6. HAZARDS	7. INITIAL RISK LEVEL	8. CONTROLS	9. RESIDUAL RISK LEVEL	10. HOW TO IMPLEMENT	11. HOW TO SUPERVISE (WHO)	12. WAS CONTROL EFFECTIVE?
PT Testing and Daily 4 mile runs(troop formations)	Vehicular/Pedestrian accident; Possible drivers - approx. 7500	H	Closed and joint (running/vehicular) routes. Barriers/cones etc. Road Guards Develop & Publicize PT Maps/Policy	M	Running map and policy. Media channels-Traveler, public folders, LEEKEY	MP Presence Leader Presence	
	Roadway conditions Potholes, ice, and snow	M	Ensure roads are maintained Evaluate risks Develop Unit Policy Develop unsafe road conditions procedure	L	Internal unit running policy DPW Procedure	Leader	
	Weather Conditions (Fog, Heat, Cold)	M	Evaluate weather conditions Evaluate risks Develop Unit Policy	L	Unit running policy	Leader	

Additional space for entries in Items 5 through 11 is provided on Page 2.

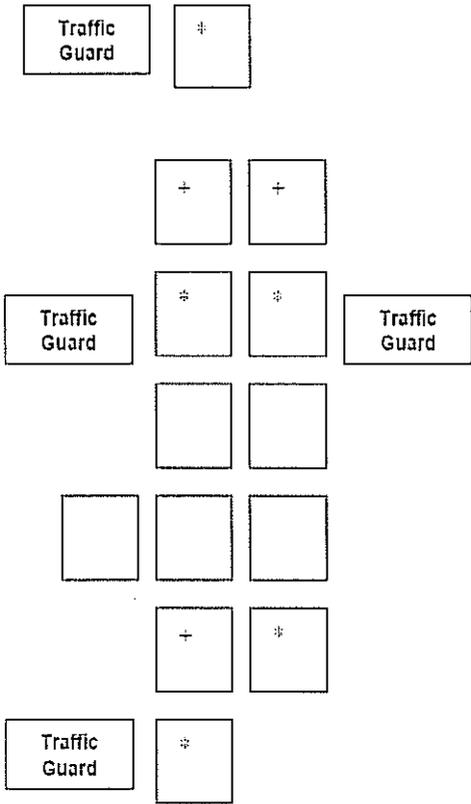
13. OVERALL RISK LEVEL AFTER CONTROLS ARE IMPLEMENTED (Check one)
 LOW MODERATE HIGH EXTREMELY HIGH

14. RISK DECISION AUTHORITY a. LAST NAME EDGE b. RANK COL c. DUTY POSITION GARRISON COMMANDER d. SIGNATURE

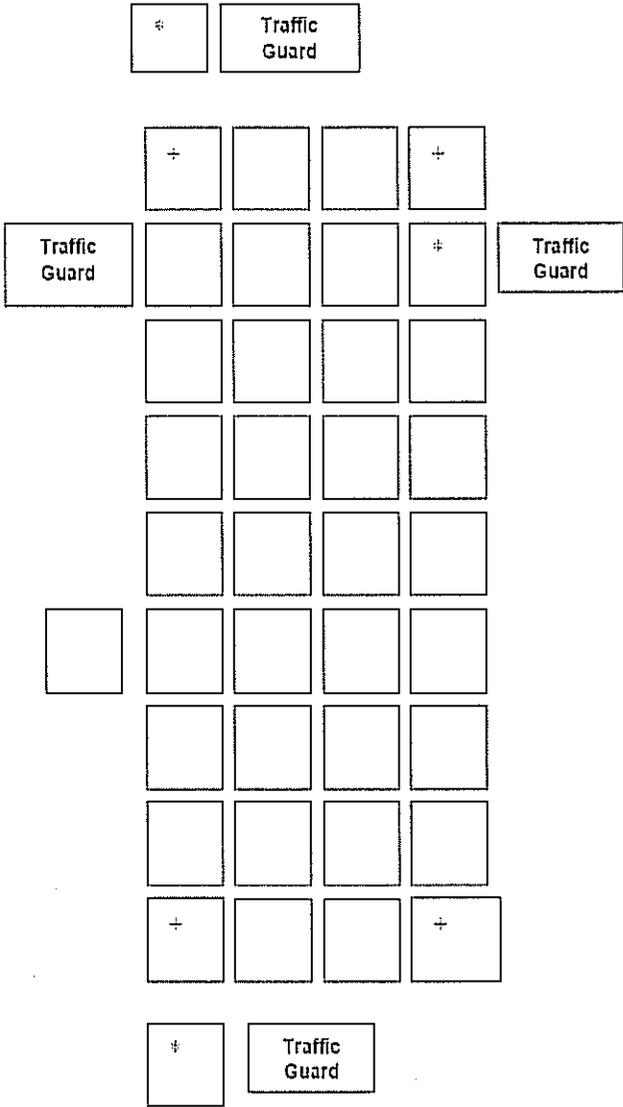
ENCLOSURE 2#



Platoon PT Formation



Company PT Formation



*** Vest and limited visibility, flashlight**

ANNEX A: Vehicle Operators Responsibilities

1. Runners are in essence pedestrians. Virginia motor vehicle laws and common sense apply to everyone. Vehicle operators will stop for individual and Military Troop Formations at intersections throughout the installation.

a. At all other times, vehicle operators may proceed through the intersection without stopping but will proceed with due caution in a safe and responsible manner.

b. Under no circumstances will vehicle Operators pass the formation from the REAR, except when specifically directed to do so by the formation road guard. When so directed, pass the formation at no more than 10 mph.

2. Vehicle Operator Responsibilities during Hours of Darkness or Limited Visibility on Blue Joint Use Roads:

a. When approaching the FRONT of a marching/running military formation, vehicle operators will reduce speed to 10 mph or slower, pull to the right side of the road; turn off the headlights; turn on the parking lights and, if appropriate, the emergency hazard flasher; and pass the formation with extreme caution, obeying all hand and verbal commands of the road guards.

b. When approaching the REAR of a marching/running formation, vehicle operators will not drive within 20 yards of the last rank in the formation. Vehicle operators will use low-beam headlights and may use emergency hazard flashers. Under no circumstances will vehicle Operators pass the formation from the REAR.

3. High Vehicle Traffic Intersections/Crosswalks and Vehicle Driver Responsibilities:

a. Mahone and A Avenue, 16th Street and B Avenue, 35th Street and A Avenue, 38th Street and A Avenue, and 40th Street and A Avenue have been identified as high pedestrian crossings and vehicle traffic intersections that purpose a higher safety risk for an accident to occur.

b. Vehicle drivers must be alert at all times in high pedestrian crossings and vehicle traffic areas indentified in item (a) above. Must be prepared to stop when approaching crosswalks and intersections when pedestrians, single runners, and troop formations are present.

ANNEX B: Military Troop Formations and Restrictions

1. Military Troop Formations:

- a. Military formations will march/run to the right of the centerline, including the individuals in charge of the formation, except when using the GREEN roadways during the closed hour.
- b. Use of widen sidewalks is authorized for; walkers, single runners, and marching Troop Formations. Troop formations will not exceed three abreast while on widen sidewalks.
- c. Position the individuals in charge of the formation to the left and rear of each formation to control the direction and pace and to police the rear of the column. The individuals in charge of the formation will ensure that safety equipment is used.
- d. All road guards will wear reflective vests.
- e. The authorized reflective vest is Line Item No: Y00950, FSN: 8415-00-177-4974; Item Description: Vest High Visibility: Nylon Fluorescent Orange with white strips as outlined in TRADOC Regulation 385-2, Para 8-9 and Table 8-1.
- f. For formations with more than eight military personnel, conduct troop movement with platoon columns of no more than three files. At a minimum, all individuals in the first and last ranks and one individual at the midpoint of the first and last file of each platoon column in the company formation and any personnel to the left of the formation will wear reflective vests (See Enclosure 3). These restrictions can be waived when running on the green closed route as long as it is properly addressed in the Composite Risk Management Worksheet DA Form 7566.
- g. Formations of eight military personnel or less will run in a single file. One individual in charge of the formation will run to the left of the file and control the direction and pace of the formation. These small groups will run on the extreme right of the roadway. Each person will wear a reflective vest.
- h. Each battalion size unit will designate one or more NCO's to manage a straggler control "platoon." These NCOs will run with reflective vests and flashlights. As this straggler platoon increases in size, NCOs will ensure that they merge into no more than two files. All stragglers will run to the extreme right of the road. When Soldiers continually fall out of formation and are placed in the straggler platoon, units will use this trend to identify those in need of special PT and ensure they are placed in the appropriate ability groups.
- i. Military formation leaders will conduct an inclement weather/dense fog/lightning risk assessment and will either postpone PT or use off-road alternatives when visibility limitations prevent motorists from seeing traffic guards or lightning creates a safety hazard for Soldiers in the open.
- j. Commanders will assess (Hot and Cold) weather conditions to determine risk management for heat and cold injury prevention IAW TRADOC Regulation 350-29, App B.
- k. All Fort Lee/Ordnance Campus physical training formations will clear roadways NLT 0730, Monday through Friday. An exception will be made for 23rd Brigade conducting afternoon Physical Training; they will use Blue roadways, refer to Fort Lee Map Enclosure 1.

ANNEX B: Military Troop Formations and Restrictions

1. During road closure times on the GREEN route, military formation leaders must meet the (Reflective Vest) minimum requirement as outlined in TRADOC Regulation 385-2, Para 8-9 and Table 8-1. Military formations may not exceed four files (See enclosure 3).

m. Using units will block off the intersections as required to ensure safe movement and to control lateral vehicular traffic.

n. If minimum safety equipment is not on hand, formations of less than platoon size will use off road tracks.

2. During darkness or inclement weather:

a. Front and rear guards will march 30 meters in front (flashlight beam directed forward) and to the rear (flashlight beam directed rearward) of each formation.

b. All personnel identified as road guards will wear reflective equipment and will also carry flashlights during hours of limited visibility.

3. Restrictions:

a. A, B, C Avenue's East of Sisisky will be off limits to all military formations conducting PT from 0500-0730, Monday through Friday. Refer to Fort Lee Map Enclosure 1.

b. 11th Street from B Avenue through the Shop Road Traffic Circle to Quartermaster Road is off limits to military personnel conducting PT from 0500-0730, Monday through Friday.

c. Shop Road from 11th street traffic circle east to Sisisky Blvd will be off limits to all military formations conducting PT from 0500-0730, Monday through Friday.

d. Parking lots adjacent to DCMA, (Building 10500), Larkin Conference Center (LCC), (Building 11102), Garrison Headquarters, Building 12010, Army Logistics University (ALU), Building 12420, Soldier Support Center (SSC), Building 3400 and the DOL/DPW parking area at Shop Road between 19th and 20th Streets are generally off limits to military personnel conducting PT between 0500-0730, Monday through Friday. When there is no vehicle traffic conflict in these areas prior to 0600, Soldiers may use these parking areas for such things as interval training, stretching and warm ups. As soon as employees begin to arrive, use of these areas for PT is prohibited. The parking areas in and around Building 11200, DeCA, are off limits to military personnel conducting PT at all times.

ANNEX C: Special Runs/Individual PT/ Composite Risk Management (CRM) and Enforcement

1. Special Runs - such as the quarterly QMS run, senior leaders run and periodic marathons 5/10k Races will be publicized at least one week in advance of the event. Publicity will include, as a minimum, a front-page notice in the Traveler and Ft Lee Key Personnel, and US ARMY Ft Lee IMCOM Atlantic List notification designating date(s), start and end time(s). A senior leader in each sponsoring agency/organization is also responsible to ensure that an appointed representative prepares a Composite Risk Management Worksheet for each of these events.

2. Individual PT- All military, civilian and contractors conducting individual PT on Fort Lee will wear a Protective vest or a reflective belt while running on Fort Lee. Individual running is covered by the Fort Lee Single Source Safety Document, Chapter 19-2, and Website:
<http://www.lee.army.mil/safety/safety.office.aspx>

3. Composite Risk Management - is the responsibility of all leaders, see Enclosure 2. The Unit Commanders are responsible to ensure that a properly authenticated and executed CRM worksheet is prepared, maintained and on file for this training event. As a minimum, a new CRM worksheet will be prepared and authenticated four times yearly to coincide with seasonal weather and/or time changes.

4. Enforcement- The Fort Lee Military Police/Department of the Army Civilian Police (DACP) will issue a United States District Court Violation Notice, DD 1805, if an unauthorized vehicle is observed operating on the green roadway in violation of the policy. Pursuant Issuance of a DD 1805 by the Fort Lee Police Department for all military and civilian violators of this policy may result in administrative measures taken by the Garrison Commander.

ANNEX D: Ordnance PT Road Closure and Safety Precautions for Military Troop Formations

Background: This guidance establishes uniform standards for the safe movement of marching and running military troop formations on Ordnance Campus roadways.

1. Scope:

a. This guidance applies to the following while on Ordnance Campus:

- (1) All Units/Organizations.
- (2) All military personnel.
- (3) All civilian and contractor employees.

b. Responsibilities:

- a. Organizational commanders will monitor the dismounted movement of their troops for adherence to the procedures described in this policy to ensure safe movement.
- b. Commander, US Army Garrison (USAG) will enforce the provisions of this guidance.
- c. Commanders/Directors at all levels will ensure that their Soldiers, Family Members, employees, contractors and guests comply with the provisions of this policy.

c. Military Troop Formations:

All Ordnance Campus physical training formations will clear roadways NLT 0730, Monday through Friday. An exception will be made for Ordnance BDE Units conducting afternoon Physical Training; they will use Blue roadways, refer to Fort Lee Map Enclosure 1.

d. Road Closures: Enclosure 1

a. The streets marked in BLUE are designated as Vehicle Joint Use roadways from 0500 to 0730, Monday through Friday for conducting physical training in formation.

b. The streets marked in GREEN are designated roadways from 0500 to 0730, Monday through Friday for conducting physical training in formation.

c. The streets marked in BLACK are designated as No physical training in formation roadways, except to cross at those intersections.

d. Vehicular traffic will not use the GREEN roadways from 0500 to 0730, Monday through Friday (except emergency vehicles). At all other times, the GREEN roadway reverts to a BLUE roadway. Vehicles may cross the Green route when safe to do so.

ANNEX D: Ordnance PT Road Closure and Safety Precautions for Military Troop Formations

e. Special Road Changes: Enclosure 1

The street marked RED at Quartermaster road and the 11th street Ordnance Campus Bridge to the Ordnance Campus traffic circle will revert to BLUE Vehicle Joint Use roadway at 0700 Monday through Friday to allow Soldiers, civilians and contractors to get to their designated work place.